

Transcript — The many faces of learning disabilities

[Description: Each person who appears in the video, one by one, is sitting in front of a white background in a studio.]

[Description: A person with a dark bob and a nose ring, wearing a peach beanie and a dark yellow T-shirt with a green long-sleeve shirt over it, sits down in a chair. Cut to a close-up.]

CK: My name is CK. I'm 32, and I have dyslexia. My learning disability has affected my social situations.

[Description: A person with long wavy dark hair, wearing hoop earrings and a white shirt with a blue blazer over it sitting in a chair. They shake their arms out for a few seconds.]

Torrian: What do y'all want me to be? Be me? OK, I'm gonna be me.

[Description: Cut to a close-up.]

OK, my name is Torrian. I'm 34 years old, and I have ADHD.

[Description: Torrian smiles.]

[Description: A person with short curly light brown hair, wearing a long-sleeve green shirt, sits in a chair as someone takes a photo of them from the side. Cut on a slow zoom-in with the person facing the camera. Cut to a close-up.]

Person 1: Being put in situations where you have to read, and you have to do it in front of a class or in front of any group of friends, is terrifying.

[Description: The person gives a thin smile.]

[Description: A person with long curly brown hair and a beard, wearing a black sleeveless shirt, sits in a chair as someone takes a photo of them from the side.]

David: Being dyslexic was not ideal.

[Description: Cut to a close-up, with the person now wearing a long-sleeve green shirt over a black shirt.]

It's easy for them to all be like, "Oh, I'm not the best reader, but at least I'm not David."

[Description: David points both his hands to the side as he emphasizes his name.]

[Description: A person with a bleached blond buzz-cut, tattoos, and piercings, wearing a black T-shirt. A makeup artist is running a brush over their neck. Cut to them getting their photo taken.]

Phoebe: My name is Phoebe. I am 22.

[Description: A person with short curly dark hair, wearing a gray button-down shirt, statement glasses, and an earring and rings, sitting down in a chair.]

Mason: My name is Mason Kelly. I am 22 years old.

[Description: Cut to a slow zoom-in as Mason buttons their left shirt sleeve.]

I have dyscalculia and dysgraphia.

[Description: Close-up of Phoebe.]

Phoebe: I have autism and ADHD.

[Description: Close-up of a person with long straight dark brown hair, wearing hoop earrings and a short-sleeve denim button-down shirt.]

Person 2: I have ADHD.

[Description: Close-up of a child with shoulder-length curly dark hair tied half up in a ponytail, wearing a black T-shirt and denim overalls.]

Person 3: ADHD.

[Description: Close-up of a person with shoulder-length wavy brown hair and a mustache, wearing a white polo shirt with a black blazer over it.]

Person 4: I have a learning disability and cerebral palsy.

[Description: Close-up of a person with shoulder-length straight blond hair, wearing a white shirt with a gray sweater over it and a colorful statement necklace.]

Person 5: I have a learning disability.

[Description: A person with shoulder-length straight blond hair wearing a short-sleeve green shirt. A from-behind shot of photos being taken of them. Cut to a close-up of the person smiling.]

Person 6: Being a woman and being misdiagnosed or not being diagnosed, we learn to compensate with being funny.

[Description: Cut to a close-up of the person talking to the camera.]

I would be like, "Oh, that's my dumb blonde moment. That's just, you know, my thing."

[Description: The person gestures with their face and raises their shoulders as they say "my thing."]

[Description: A person with shoulder-length wavy dark hair and glasses, wearing a brown Henley shirt and a dangling necklace walks to a chair and sits down while the camera slowly zooms in on them. Cut to a close-up.]

Person 7: I do oftentimes feel isolated because I just have so much difficulty retaining information.

[Description: Camera zooms in slowly on Person 4. Cut to a close-up.]

Person 4: There's nothing wrong with you. You're just different, everybody's different. And there's nothing wrong with being different.

[Description: Torrian sitting down in a chair as the camera zooms in slowly. Cut to a close-up. Torrian gestures with their left hand as they're talking.]

Torrian: All the things that I had so much shame around were really just the manifestation of the condition and the brain that I was born with.

[Description: A person with short cropped hair wearing a dark blue button-down shirt, sitting in a chair as a makeup artist powders their face. Cut to a close-up.]

Person 8: You know, with ADHD, your mind's running a thousand miles an hour a lot of times.

[Description: A child with shoulder-length straight dark hair wearing a light green long-sleeve shirt with a heart pocket sitting in a chair as a makeup artist brushes their hair. Cut to a close-up.]

Person 9: If you have ADHD, or if you have a friend that ADHD, don't judge them or don't make fun of them.

[Description: The child smiling at the camera as their photo is taken. Cut to a close-up.]

They are struggling in a different way that you don't understand. And they'll never understand the way that you actually mean to them.

[Description: The child points their left hand to the camera and then back at themselves as they say "you actually mean to them."]

So, don't do that. Be kid-friendly and kid nicely.

[Description: The child smiles and gives a thumbs up.]

[Description: Screen swipe. Gentle music. Shapes and text appear on the screen.]

[On-screen text: Some learning disabilities go unseen, but that doesn't mean they should be unnoticed. Support starts with awareness.

[u.org/LDawareness](https://www.understood.org/LDawareness)