

Self-awareness worksheet

Name: _____

Type, write, or tell someone your responses.

<p>I usually do well in these areas:</p> <hr/> <hr/> <hr/>	<p>I sometimes need help with:</p> <hr/> <hr/> <hr/>
<p>My favorite thing about school is:</p> <hr/> <hr/> <hr/>	<p>The hardest thing about school is:</p> <hr/> <hr/> <hr/>
<p>I feel more comfortable at school when teachers:</p> <hr/> <hr/> <hr/>	<p>When I need help at school, I like to:</p> <ul style="list-style-type: none"><input type="checkbox"/> Raise my hand<input type="checkbox"/> Work with a classmate<input type="checkbox"/> Write a note or email to the teacher<input type="checkbox"/> Use a signal to let the teacher know I need help<input type="checkbox"/> Other: _____
<p>When things are hard for me, I can ask these people for help:</p> <hr/> <hr/> <hr/>	

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Name: _____

Write, draw, or paste pictures for your responses.

<p>I usually do well in these areas:</p>	<p>I sometimes need help with:</p>
<p>My favorite thing about school is:</p>	<p>The hardest thing about school is:</p>
<p>I feel more comfortable at school when teachers:</p>	<p>When I need help at school, I like to:</p> <ul style="list-style-type: none"><input type="checkbox"/> Raise my hand<input type="checkbox"/> Work with a classmate<input type="checkbox"/> Write a note or email to the teacher<input type="checkbox"/> Use a signal to let the teacher know I need help<input type="checkbox"/> Other:
<p>When things are hard for me, I can ask these people for help:</p>	