

Dyslexia

is real.

It's a learning difference that makes reading difficult. It often runs in families. Researchers have been studying dyslexia for more than 100 years.

is common.

Some experts say 5 to 10 percent of people have dyslexia. Others say as many as 17 percent show signs of it.

is lifelong.

With the right support, people with dyslexia can get better at reading. Many thriving adults with dyslexia say it helped them be more creative and resilient.



Dyslexia isn't a problem of intelligence, laziness, vision, or reading letters backwards.

Trouble areas

- ▶ Sounding out written words
- ▶ Recognizing common words in text
- ▶ Spelling and writing
- ▶ Reading accurately and smoothly
- ▶ Understanding what's read
- ▶ Rhyming
- ▶ Solving word problems in math
- ▶ Remembering sequences in order, like a phone number or street address

Ways to help

1. Structured reading lessons that teach the basics, with each concept mastered before moving on
2. Different ways for people to show what they know, like speaking rather than doing a written report
3. Technology like audiobooks and text-to-speech